

Greer Kirshenbaum

MYT Coach & Presenter

Greer Kirshenbaum, PhD is very excited to be the first Neuroscientist Doula! Greer's company, Nurture Neuroscience, is on a mission to revolutionize the future of health. Greer wants families and perinatal practitioners to understand how early caregiving experience can boost success, thriving and flourishing and diminish depression, anxiety and addiction in adulthood. We can promote a lifetime of health by shaping babies' brains through simple intuitive enriching experiences in pregnancy, birth and infancy. Greer helps families with infant sleep and teaches an Infant Sleep Educator Certification. Greer teaches courses, holds workshops, provides consultations in pregnancy and infancy and is a birth and postpartum doula. www.nurtureneuro.com