

Julia Baron

MYT Coach

Dr. Julia Baron is a licensed psychologist based in San Francisco. She earned her doctorate in clinical psychology from the Wright Institute in Berkeley, California, including pre- and post-doctoral training in addiction medicine. She has experience in a diverse range of clinical settings at UCSF, Sutter Health, Kaiser Permanente, and the Veterans Administration. She now balances time between direct clinical work and consulting, and works as a clinical advisor for Caraway -- a digital healthcare company providing integrated mental, physical, and reproductive health for college women+. She has a special interest in decreasing stigma of mental health, and her doctoral dissertation on associative stigma in the parents of adolescents at risk for psychosis was published in *Early Intervention in Psychiatry*. She specializes in adolescent neuropsychological assessment and women's health and wellness, and her practice includes consulting and coaching for both individuals and teams, psychotherapy, and assessment.