

Kelly Mesler

Director of Operations

Kelly began working for MYT directly after graduating from Castleton University in 2017. She graduated with a bachelors degree in Psychological Science and a Certificate in Civic Engagement. As MYT's Director of Operations, she wears many hats overseeing the strategic planning and daily operations of the company. She further serves MYT's team members and clients through her certifications as a Kolbe Certified Consultant™, Influence Style Indicator™ Facilitator, and SHRM HR Department of One. Her passion for emotional intelligence and preventative psychology originally sparked her interest in MYT, where she has been able to pair her interests and natural talents to her work. She recently co-founded a non-profit that teaches essential life skills, filling a gap in the current educational curriculum. She resides in Vermont where she enjoys being active in nature during all four seasons, engaging in hiking, golfing, and gardening, amongst other activities. In her spare time she enjoys traveling, exercising, cooking, and spending time with her dog, friends, and family. She finds purpose in volunteering and serving as a board member for various community initiatives.